New Year...New Be Well SHBP!

Be Well SHBP and Sharecare (formerly known as Healthways) are partnering together to bring a new health and well-being experience to Be Well SHBP members across the state. Together, they have committed to making Georgia a healthier place to live.

All SHBP members and spouses that are covered under non-Medicare Advantage Blue Cross and Blue Shield of Georgia (BCBSGa) or UnitedHealthcare can take advantage of these programs:

- **RealAge® test**: A clinically validated health risk assessment
- **Biometric Screenings**: Members have two opportunities to complete a biometric screening, either at an SHBP-sponsored onsite event or by completing the 2018 Physician Screening Form
- **Incentives**: By participating in the Be Well SHBP program, each SHBP member and covered spouse is eligible to earn well-being incentive credits to help offset eligible medical and pharmacy expenses
- **Well-Being Coaching**: a Sharecare Well-Being Coach will guide members through healthy behavior changes by building on their strengths and finding opportunities to improve well-being every day
- **Digital Tools and Support**: Personalized recommendations, trackers, suggested content, targeted insights, and customized messages
- **Content Library**: Articles, questions and answers, videos, health topics, and much more
- **AskMD**: Evidence-based and customizable symptom checker tool
- **Find-a-Doctor**: Members can browse by specialty and find a doctor near them

Physicians,

Be Well SHBP and Sharecare are great resources for you as you guide your patient’s care. During office visits, encourage members to go to BeWellSHBP.com to learn more about the Be Well SHBP program and to support the healthy strategies that you are recommending. This program supports all aspects of a healthy lifestyle including reducing BMI, tobacco cessation, cancer screenings and healthy diet & exercise. You may be asked to complete a 2018 Physician Screening Form and submit a completed version to Sharecare before the deadline of **November 30, 2018**.

Members may ask providers to support their participation in Be Well SHBP program by:

- Completing 2018 Physician Screening Forms
- Reviewing results from SHBP-sponsored onsite screenings
- Providing nicotine replacement therapy (NRT) prescriptions

Please contact your dedicated SHBP provider representative Shikira Wallace, RN, at 219-221-7973 or Shikira.Wallace@sharecare.com with any questions